

Pray All Day  
40 Days of Prayer—Week 5

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Ephesians 6:18 – Pray at all times in the Spirit with every prayer and request, and stay alert with all perseverance and intercession for all the saints. (CSB)

To be able to pray all day you need healthy prayer habits.

I. Keep a running conversation with God.

1 Thessalonians 5:16-18 – <sup>16</sup>Rejoice always, <sup>17</sup>pray constantly, <sup>18</sup>give thanks in everything; for this is God's will for you in Christ Jesus. (CSB)

II. Keep your prayers on a **set schedule**.

Psalm 119:164 – I praise you seven times a day for your righteous judgments. (CSB)

Isaiah 62:6-7 – <sup>6</sup>Jerusalem, I have appointed watchmen on your walls; they will never be silent, day or night. There is no rest for you, who remind the Lord. <sup>7</sup>Do not give him rest until he establishes and makes Jerusalem the praise of the earth. (CSB)

III. Pray according to the **Holy Spirit's leading**.

Jude 1:20-21 – <sup>20</sup>But you, dear friends, as you build yourselves up in your most holy faith, praying in the Holy Spirit, <sup>21</sup>keep yourselves in the love of God, waiting expectantly for the mercy of our Lord Jesus Christ for eternal life. (CSB)

Romans 8:13 – because if you live according to the flesh, you are going to die. But if by the Spirit you put to death the deeds of the body, you will live. (CSB)

**Thought For The Week:**

Pray all day in order that **in everything** God may be **glorified!**

Todd Hitchcock - Bethel Baptist Church October 7, 2018 Message Notes

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