

How To Approach God  
40 Days of Prayer—Week 4

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Do this in remembrance of me.  
-Jesus

When we approach God in prayer we are to approach Him with **deliberate contemplation**.

Hebrews 4:16 – Therefore, let us approach the throne of grace with boldness, so that we may receive mercy and find grace to help us in time of need. (CSB)

I. Look **backward** to the **cross**.

1 Peter 1:18-19 – <sup>18</sup>For you know that you were redeemed from your empty way of life inherited from your fathers, not with perishable things like silver or gold, <sup>19</sup>but with the precious blood of Christ, like that of an unblemished and spotless lamb. (CSB)

II. Look **upward** into your Father's loving **face**.

Romans 8:15-17 – <sup>15</sup>For you did not receive a spirit of slavery to fall back into fear. Instead, you received the Spirit of adoption, by whom we cry out, “Abba, Father!” <sup>16</sup>The Spirit himself testifies together with our spirit that we are God’s children, <sup>17</sup>and if children, also heirs—heirs of God and coheirs with Christ—if indeed we suffer with him so that we may also be glorified with him. (CSB)

III. Look **inward** to Jesus living **inside** you.

2 Corinthians 13:5 – Examine yourselves to see if your faith is genuine. Test yourselves. Surely you know that Jesus Christ is among you; if not, you have failed the test of genuine faith. (NLT)

IV. Look **around** and ask the Holy Spirit to **use** you.

Romans 6:13 – Do not let any part of your body become an instrument of evil to serve sin. Instead, give yourselves completely to God, for you were dead, but now you have new life. So use your whole body as an instrument to do what is right for the glory of God. (NLT)

V. Look **forward** to your **future** in faith.

Philippians 1:6 – And I am certain that God, who began the good work within you, will continue his work until it is finally finished on the day when Christ Jesus returns. (NLT)

**Thought For The Week:**

When you approach God,

**remember** the past,

**confess** the present and

**contemplate** the future.

Todd Hitchcock - Bethel Baptist Church September 30, 2018 Message Notes

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